

Health Research Methods, Evidence & Impact



Latest GRADE guidance regarding network meta-analysis

A day with... GRADing methods group: What's new Romina Brignardello-Petersen

November 19, 2020

Conflicts of interest

- None financial
- Member of GRADE working group and lead of GRADE NMA project group



Network meta-analysis



- For the Vareniciline- Bupropion comparison:
 - Direct evidence
 - Indirect evidence (via NRT)
 - Network evidence



Outline

- 1. Available guidance to date
- 2. To be published, in the works
- 3. Other work





1. Available guidance to date

GRADE approach to NMA, Advances to the GRADE approach to NMA, Incoherence, Making conclusions





BMJ 2014;349:g5630 doi: 10.1136/bmj.g5630 (Published 24 September 2014)

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RESEARCH METHODS & REPORTING

A GRADE Working Group approach for rating the quality of treatment effect estimates from network meta-analysis

Network meta-analysis (NMA), combining direct and indirect comparisons, is increasingly being used to examine the comparative effectiveness of medical interventions. Minimal guidance exists on how to rate the quality of evidence supporting treatment effect estimates obtained from NMA. We present a four-step approach to rate the quality of evidence in each of the direct, indirect, and NMA estimates based on methods developed by the GRADE working group. Using an example of a published NMA, we show that the quality of evidence supporting NMA estimates varies from high to very low across comparisons, and that quality ratings given to a whole network are uninformative and likely to mislead.

Key messages

- Rating must be done at the pairwise comparison level
 - 3 interventions \rightarrow 3 comparisons and ratings
 - 6 interventions \rightarrow 15 comparisons and ratings
- Rating informed by the pieces of evidence that contribute to the network estimate



Advances to the GRADE approach to NMA



Advances in the GRADE approach to rate the certainty in estimates from a network meta-analysis

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Key messages





Incoherence (agreement between direct and indirect evidence)





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ORIGINAL ARTICLE

GRADE approach to rate the certainty from a network meta-analysis: addressing incoherence

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Key messages



• Not only statistical

Network Meta-Analysis

 Serious incoherence → makes the network estimate importantly different from the estimate that contributes the most to it

Making conclusions

RESEARCH METHODS AND REPORTING



GRADE approach to drawing conclusions from a network meta-analysis using a minimally contextualised framework

Cite this as: *BMJ* **2020;371:m3900** http://dx.doi.org/10.1136/bmj.m3900 Romina Brignardello-Petersen,¹ Ivan D Florez,^{1,2} Ariel Izcovich,³ Nancy Santesso,¹ Glen Hazlewood,⁴ Waleed Alhazanni,¹ Juan José Yepes-Nuñez,⁵ George Tomlinson,^{6,7} Holger J Schünemann,¹ Gordon H Guyatt,¹ on behalf of the GRADE working group



GRADE approach to drawing conclusions from a network meta-analysis using a partially contextualised framework

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Key messages

- Network meta-analysis (NMA) rarely establishes that, for a single outcome, one intervention is better than all others
- Classify in groups of interventions
 - MC: Most to least effective
 - PC: Large to trivial effect
- Consider estimates of effect, certainty of the evidence, and ranking



Conclusions: outcome level

- NMA of the interventions for Acute Diarrhea and Gastroenteritis in Children (Florez et al. 2019)
- 27 interventions
- 138 studies
- 20,256 participants
- 62 direct comparisons
- 351 pairwise comparisons



Certainty on the evidence	Classification	Intervention	Intervention vs. Standard/placebo MD (95%Crl)	SUCRA
	Category 2:	S. boulardii + Zinc	-39.45 (-52.5; -26.7)	0.92
	Among the most effective	Smectite + Zinc	-35.63 (-57.6; -13.2)	0.88
	Category 1:	Symbiotics	-26.26 (-36.1; -16.2)	0.77
High Certainty (Moderate-	Inferior to the most effective / superior	Zinc + LCF	-21.37 (-36.5; -6.1)	0.61
to High-quality evidence)	to the least effective	Zinc (All)	-18.38 (-23.4; -13.5)	0.50
		Loperamide	-17.79; (-30.4; -5.7)	0.46
		Zinc + Micronutrients	-17.76 (-31.8; -4.1)	0.46
	Category 0: Among the least effective	Prebiotics	-15.32 (-42.8; 12.0)	0.38
	Category 2:	LGG + Smectite	-51.08 (-64.3; -37.9)	1.00
	May be among the most effective	Zinc + Probiotics	-29.39 (-40.3; -18.6)	0.81
	Category 1:	Symbiotics + LCF	-32.11 (-53.0; -11.3)	0.85
	May be inferior to the most effective /	Smectite	-23.90 (-30.8; -17.0)	0.69
	superior than the least effective	LGG (All)	-22.74 (-28.8; -16.7)	0.65
		All Probiotics	-19.36 (-23.7; -15.1)	0.54
		Racecadotril	-17.19 (-24.7; -9.8)	0.46
Low Certainty		S. boulardii	-16.48 (-23.3; -9.7)	0.42
		LCF	-12.50 (-19.0; -6.0)	0.31
(Low- to very Low-quality	Category 0: May be among the least effective	S. boulardii + Zinc + LCF	-16.74 (-36.1; 2.7)	0.42
evidence)		Yogurt	-16.43 (-30.5; -2.1)	0.42
		Yogurt + Probiotics + Zinc	-15.63 (-56.8; 26.6)	0.38
		LCF + Probiotics	-13.27 (-36.0; 9.2)	0.31
		S. boulardii + LCF	-12.32 (-30.0; 6.0)	0.27
		Vitamin A	-5.95 (-21.4; 9.3)	0.19
		Kaolin-Pectin	-5.32 (-33.8; 22.8)	0.15
		Micronutrients	-0.68 (-33.3; 32.8)	0.08
		Standard treatment/placebo		0.08
		Diluted milk	3.02 (-14.3; 8.4)	0.04

Classification	Intervention	Effect on hours of diarrhea duration, MD (95%Cl)	Certainty		
Large beneficial effect	LGG + Smectite	-51.08 (-64.30; -37.85)	VERY LOW		
	S. boulardii + Zinc	-39.45 (-52.45; -26.73)	MODERATE		
	Smectite + Zinc	-35.63 (-57.57; -13.16)	MODERATE		
	Symbiotics + LCF	-32.11 (-53.01; -11.33)	VERY LOW		
	Zinc + Probiotics	-29.39 (-40.26; -18.57)	LOW		
	Symbiotics	-26.26 (-36.14; -16.22)	HIGH		
Moderate beneficial	Smectite	-23.90 (-30.80; -16.96)	VERY LOW		
effect	LGG (All)	-22.74 (-28.81; -16.68)	LOW		
	Zinc + LCF	-21.37 (-36.54; -6.13)	MODERATE		
	All Probiotics	-19.36 (-23.66; -15.09)	LOW		
	Zinc (All)	-18.38 (-23.39; -13.45)	MODERATE		
	Loperamide	-17.79; (-30.35; -5.65)	MODERATE		
	Zinc + Micronutrients	-17.76 (-31.77; -4.13)	MODERATE		
	Racecadotril	-17.19 (-24.65; -9.76)	LOW		
	S. boulardii + Zinc + LCF	-16.74 (-36.05; 2.72)	LOW		
	S. boulardii	-16.48 (-23.33; -9.69)	LOW		
	Yogurt	-16.43 (-30.49; -2.05)	VERY LOW		
	Yogurt + Probiotics + Zinc	-15.63 (-56.82; 26.63)	VERY LOW		
	Prebiotics	-15.62 (-42.42; 11.28)	VERY LOW		
	LCF + Probiotics	-13.27 (-35.96; 9.19)	VERY LOW		
	LCF	-12.50 (-19.04; -5.99)	VERY LOW		
	S. boulardii + LCF	-12.32 (-30.01; 5.98)	VERY LOW		
Small beneficial effect	Vitamin A	-5.95 (-21.43; 9.32)	VERY LOW		
	Kaolin-Pectin	-5.32 (-33.76; 22.83)	VERY LOW		
Trivial to no effect	Micronutrients	-0.68 (-33.29; 32.79)	LOW		
Small harmful effect	Diluted milk	3.02 (-14.32; 8.41)	VERY LOW		

2. To be published, in the works

Imprecision, Intransitivity



Imprecision- Key messages

- Algorithm
- Relationship between CI and thresholds
- OIS
 - Guidance on how to assess it
 - Calculator



*In relation to the threshold chosen for the target of the certainty rating



Intransitivity

• Work has just started



3. Other work

Spurious judgments of imprecision in sparse networks, SoFs for NMA, presentation formats across outcomes



Avoiding spurious judgments of imprecision



ORIGINAL ARTICLE

GRADE approach to rate the certainty from a network meta-analysis: avoiding spurious judgments of imprecision in sparse networks

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Key message

• In sparse networks, the choice of statistical model can lead to extremely wide, inappropriately imprecise CIs





Summary of findings tables





Journal of Clinical Epidemiology 115 (2019) 1-13

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Clinical

Epidemiology

ORIGINAL ARTICLE

Development of the summary of findings table for network meta-analysis

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BENEFITS

Estimates of effects, credible intervals, and certainty of the evidence for chemoprevention of colorectal cancer in individuals with previous colorectal neoplasia

Patient or population: Individuals with previous colorectal neoplasia

Interventions: Low and high dose aspirin, nonaspirin non-steroidal anti-inflammatory drugs (NSAIDs),

calcium, vitamin D, folic acid

Comparator (reference): Placebo

Outcome: Prevention of advanced neoplasia; range of follow up between three to five years

Setting: Outpatient

	Aspirin, low dose		Aspirin, high dose	
Calcium	\mathbf{A}		Asp fola	irin + te
			1	Aspirin +
vitamin D		H.	/	calcium + vitamin D
		37	×.	
Folate	NSAID		Placebo	min D
			Flacebo	

Total studies: 21 RCT Total Participants: 12088		al studies: 21 RCT	Relative effect** (95% Crl)	Anticipated absolute effect*** (95% Crl)		Certainty of	Ranking****	Interpretation	
		al Participants: 12088		Without intervention	With intervention	Difference	evidence	(95% Crl)	of Findings
	•	Aspirin + calcium + vitamin D (1 RCT; 427 participants)	OR 0.71 (0.18 to 2.49) Network estimate	74 per 1000¹	53 per 1000	21 fewer per 1000 (61 fewer to 110 more)	⊕⊕⊖⊖ Low Due to Imprecision ^{2, 5}	3 (1 to 10)	-
	•	Calcium + vitamin D (1 RCT; 1028 participants)	OR 0.91 (0.52 to 1.63) Network estimate	74 per 1000¹	67 per 1000	7 fewer per 1000 (36 fewer to 47 more)	⊕⊕◯◯ Low Due to Imprecision ^{2, 5}	6 (1 to 10)	-
	•	Aspirin + folate (2 RCT; 916 participants)	OR 0.73 (0.43 to 1.19) Network estimate	74 per 1000¹	54 per 1000	20 fewer per 1000 (42 fewer to 14 more)	⊕⊕⊖⊖ Low Due to Imprecision ^{2, 5}	4 (2 to 8)	-
	•	Aspirin, high dose (3 RCT; 917 participants)	OR 0.81 (0.50 to 1.28) Network estimate	74 per 10001	60 per 1000	14 fewer per 1000 (37 fewer to 21 more)	⊕⊕ ⊖⊖ Low Due to Imprecision ^{2, 5}	5 (2 to 9)	-
- H									

Bayesian NMA-SoF table

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Network Meta-Analysis