Cochrane Revised Risk of Bias Tool (RoB 2)

Additional Considerations for Cluster-Randomized Trials

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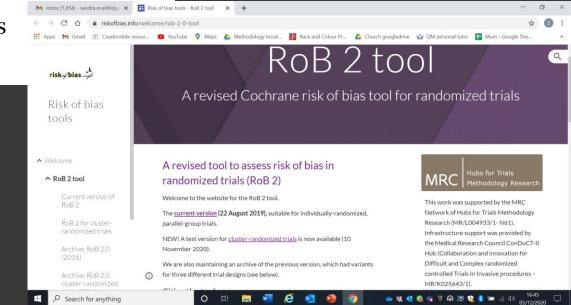
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Revised Cochrane risk of bias tool for randomized trials (RoB 2) Additional considerations for clusterrandomized trials (RoB 2 CRT)

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Six domains

1a Bias arising from the randomization process

1b Bias arising from the identification or recruitment of participants into clusters

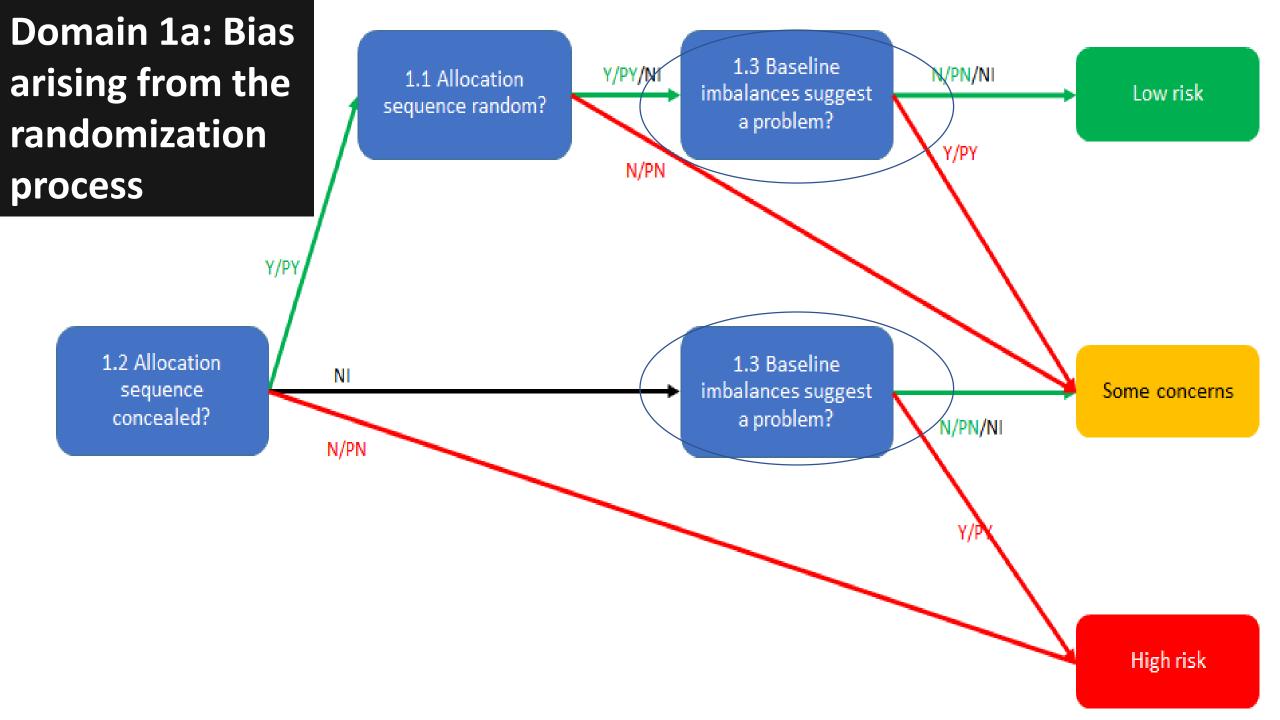


2 Bias due to deviations from intended intervention

3 Bias due to missing outcome data

4 Bias in measurement of the outcome

5 Bias in selection of the reported result



Baseline imbalances in cluster randomised trials

Randomisation at cluster level

Review baseline imbalances primarily at cluster level

Small numbers of clusters

Chance imbalances more common

Harder to predict how clusters will respond & less chance of subversion

Problems with randomisation less likely

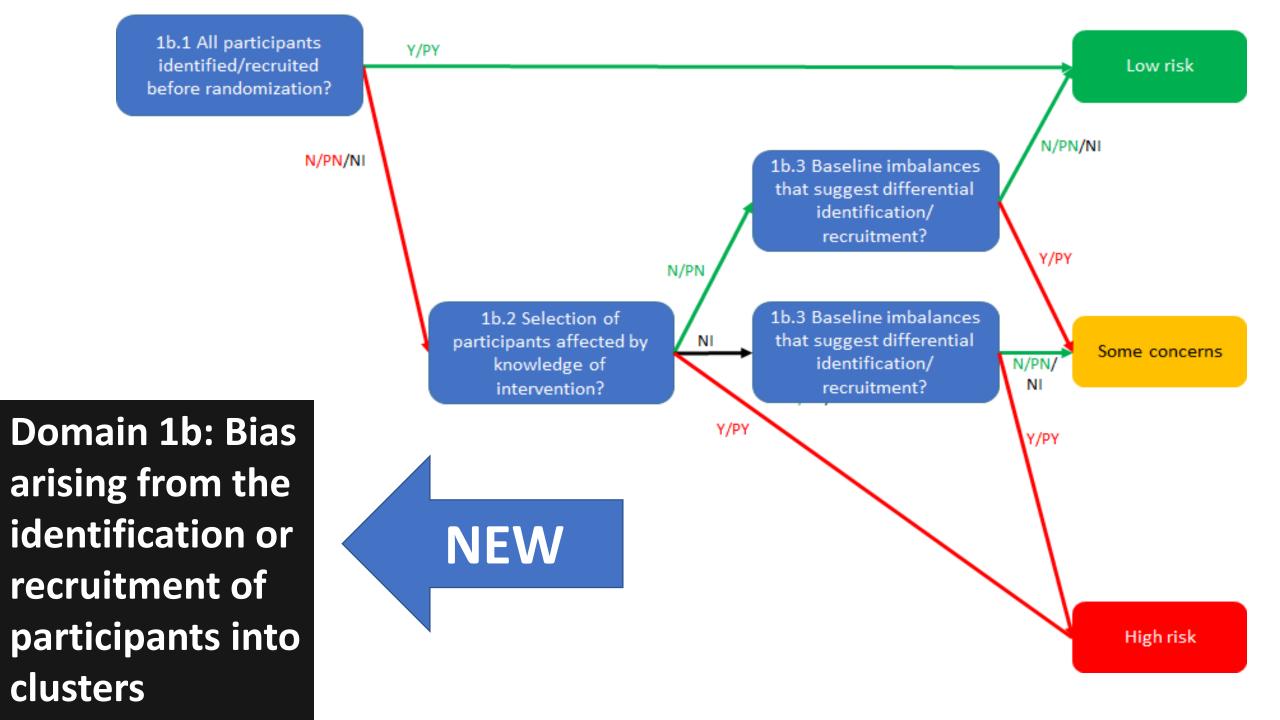
Domain 1b

Another possible reason for imbalance

	All care homes*	Study care hor	nes	
		Total	Intervention	Control
Number		78	35	43
Type†				
Nursing	81 (25%)		9 (26%)	9 (21%)
Residential			26 (74%)	34 (79%)
Ownership				
Private			28 (80%)	33 (77%)
Voluntary or charity			7 (20%)	9 (21%)
Local authority			0	1 (2%)
Size				
<32 beds			20	23
≥32 beds			15	20
Mean number of beds (SD)		31.41 (11.49)	31-54 (12-15)	31.30 (11.08)
Median cohort participants per home (IQR)			11 (7-15)	11 (9–15)

OPERA trial – Underwood et al Lancet 2013

Randomising residential care homes, wholehome activity intervention to reduce depression



Selecting individual participants

Participants = target individuals on whom it has been decided to collect the outcome of interest

Participants may not be recruited Participants may be clinicians as well as patients

If patients are recruited after randomisation someone involved may know about allocation

Bias may ensue

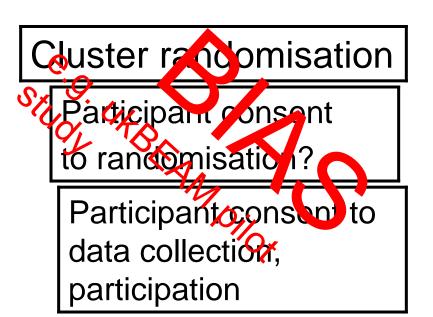
Recruitment and randomisation

Aim: To improve back pain *Clusters:* UK General Practices *Intervention:* offer of exercise classes, physiotherapy etc.

Control group: 66 recruited

Intervention group: 165 recruited, suffering from milder back pain

Explanation: participation in the trial very attractive in intervention arm



Cluster 'consent'

	Scenario 1	Scenario 2	Scenario 3	Scenario 4	Scenario 5	Scenario 6		
	/ \			(identical		(identical		
				to 6)		to 4)		
	Cluster	Cluster	Identification of	Identification of	Identification of	Identification of		
	randomization	randomization	potential	individual	potential	individual		
			individual	participants	individual	participants		
			participants		participants			
	Identification of	Icentification of	Cluster	Cluster	Recruitment of	Participants not		
	potential	individual	randomization	randomization	individual	directly		
	individual	participants			participants	recruited		
	participants							
	Recruitment of	Farticipants not	Recruitment of	Participants not	Cluster	Cluster		
V	individual	directly	individual	directly	randomization	randomization		
	participants	recruited	participants	recruited				
	Potential for identification/recruitment		No potential for					
	bias althou	igh this could b	be avoided	identification/recruitment bias because				
through trial design			randomization happens after					

UK BEAM pilot (Farrin et al 2005)

Two further examples in which identification/recruitment bias possible

Scenario 2: Feeding strategies for critically ill patients in intensive care

Clusters: Intensive care unit (ICU) wards

Intervention: Guidelines developed by ICU staff

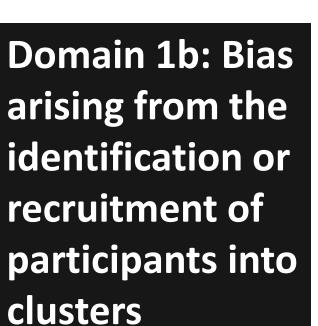
Outcome: Hospital discharge mortality

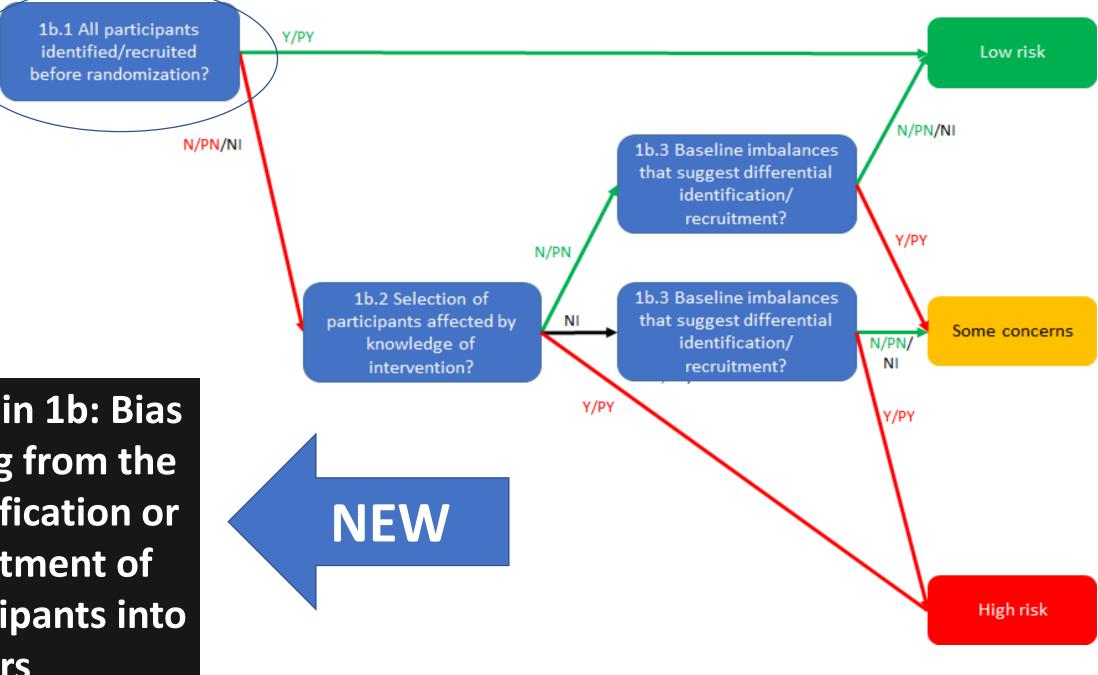
Participants not directly recruited but identified by ICU staff (though no evidence of bias) Scenario 3: Hip protectors for preventing hip fractures

Clusters: Elderly care units within community based health centres

Participants identified prior to randomisation but approached after randomisation

Recruited: 31% in intervention and 9% in control group





Once care homes had agreed to participate, we invited residents to give written, informed consent, or if they lacked capacity to consent, for their next of kin to give written, informed agreement for us to collect data directly from participants, from care-home staff, and from carehome and National Health Service (NHS) records.

60

OPERA trial – Underwood et al Lancet 2013

Randomising residential care homes, whole-home activity intervention to reduce depression

We recruited additional participants for 9 months after randomisation for an end of study crosssectional analysis, using the same criteria as described previously.

Bias assessed separately for different outcomes -**OPERA** trial as an example

Outcome 1: GDS-15 score at 12 months for those depressed at baseline

Includes only individuals recruited before randomisation

Outcome 2: Being depressed at end of study

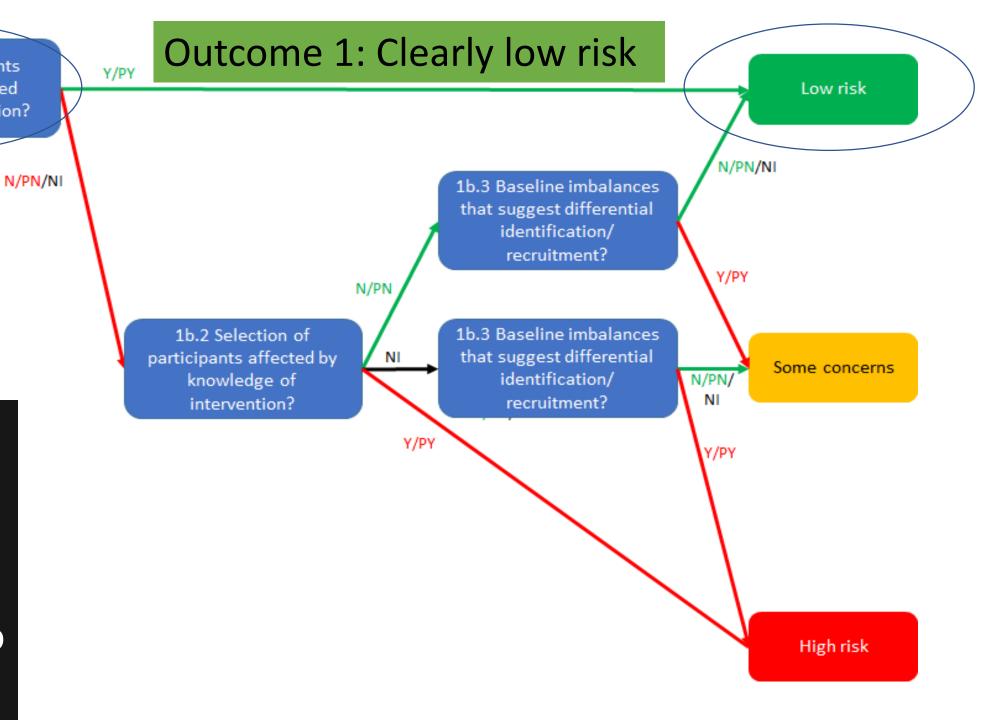
Includes individuals recruited before and after randomisation

Domain 1b: Bias arising from the identification or recruitment of participants into clusters

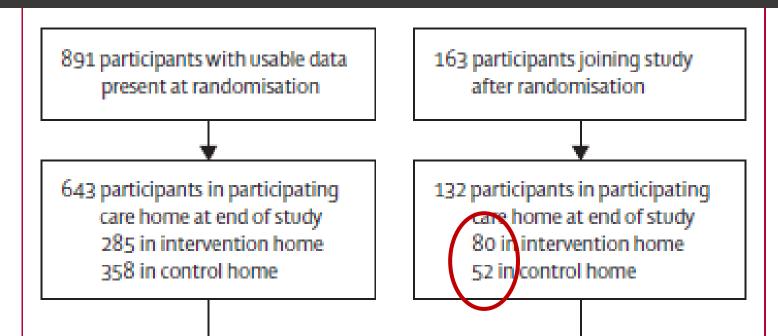
1b.1 All participants

identified/recruited

before randomization?

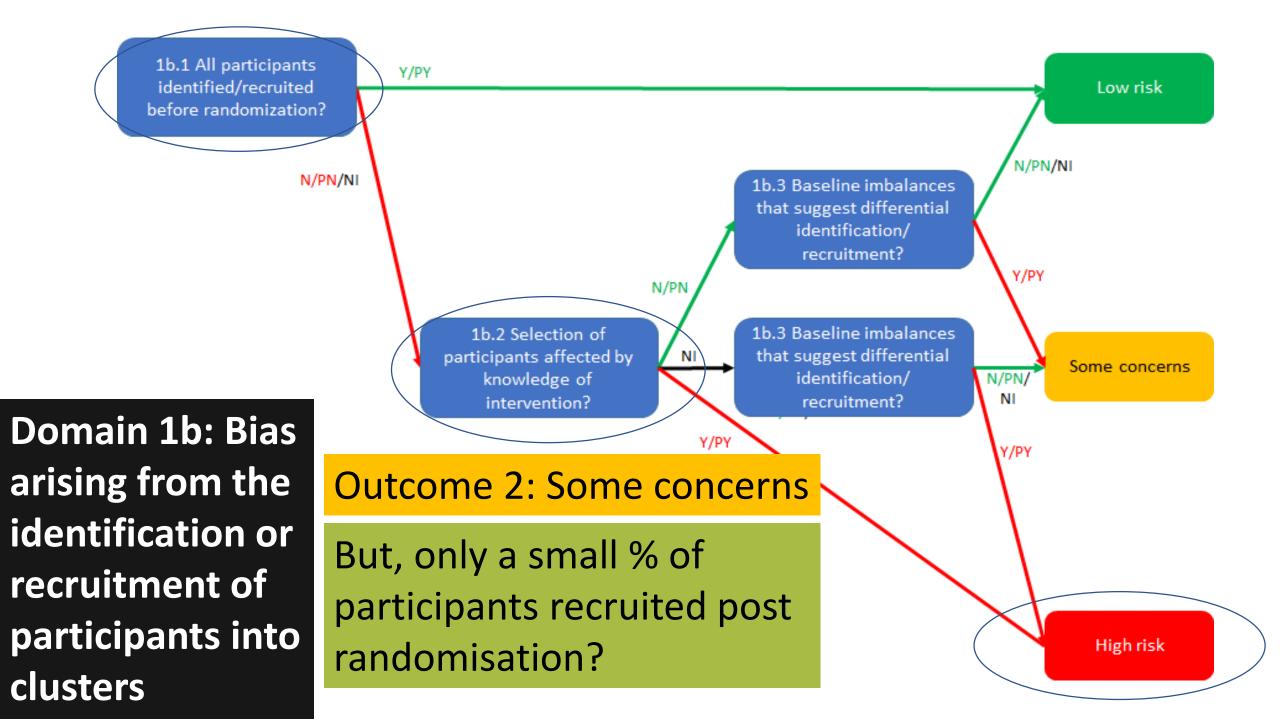


The prevalence of depression in all residents at the end of the study is an important analysis to ensure the findings apply to all residents rather than only relatively healthy survivors. In this analysis we recruited more participants in the intervention homes than in the control homes after randomisation. Results were, however, unchanged by excluding the post randomisation participants.

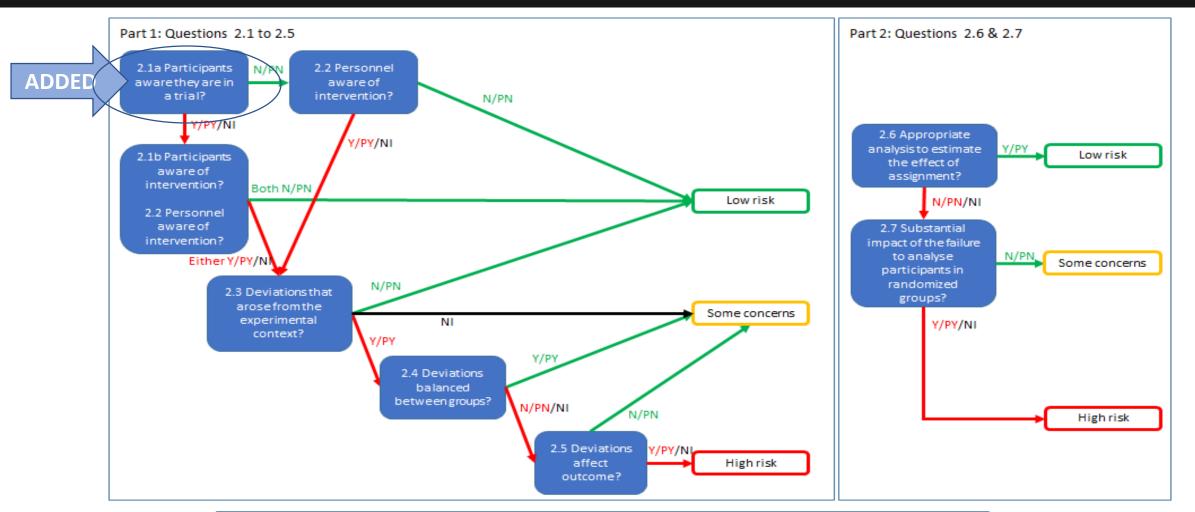


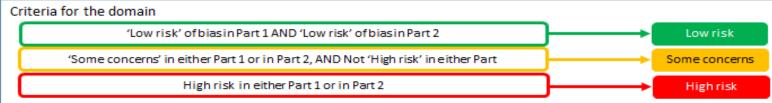
OPERA trial – Underwood et al Lancet 2013

Randomising nursing homes, whole-home activity intervention to reduce depression



Domain 2: Bias due to deviations from intended intervention (assignment)



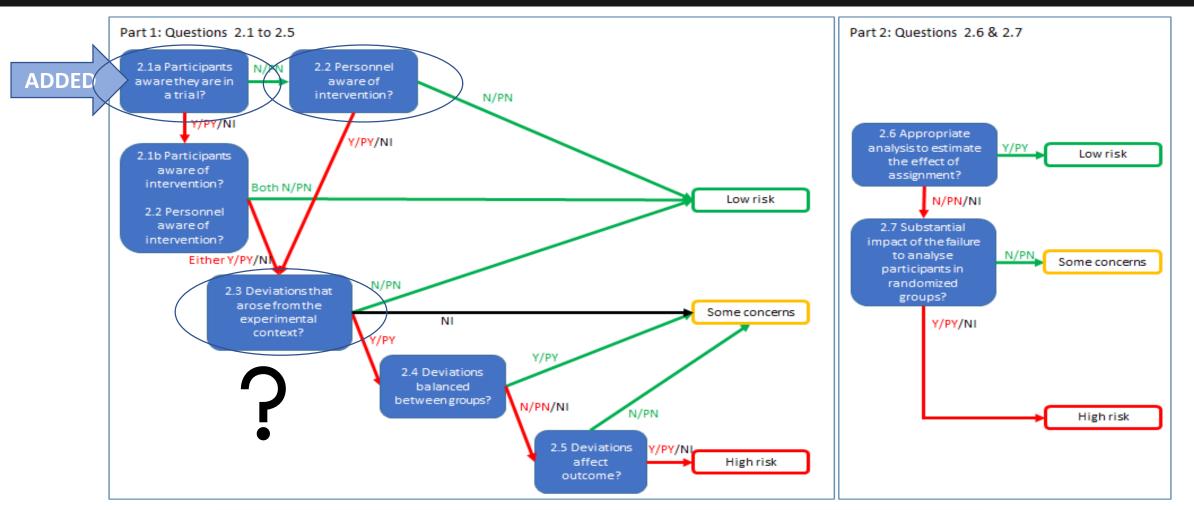


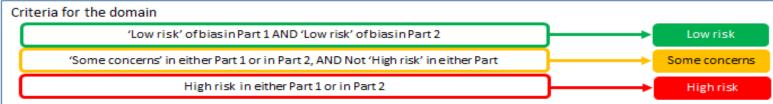
IRIS trial, Feder et al, Lancet 2011

Randomising UK general practices, intervention to increase identification of and referral for domestic violence

Because the intervention was targeted at clinicians and administrators and no consent was required for outcome data extraction from medical records, as agreed by the research ethics committee, patients were not aware they were part of a research study.²⁷

Domain 2: Bias due to deviations from intended intervention (assignment)

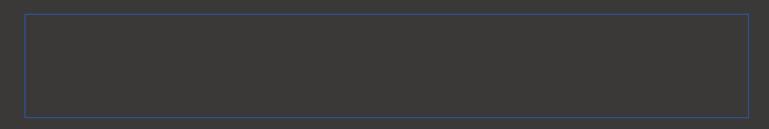




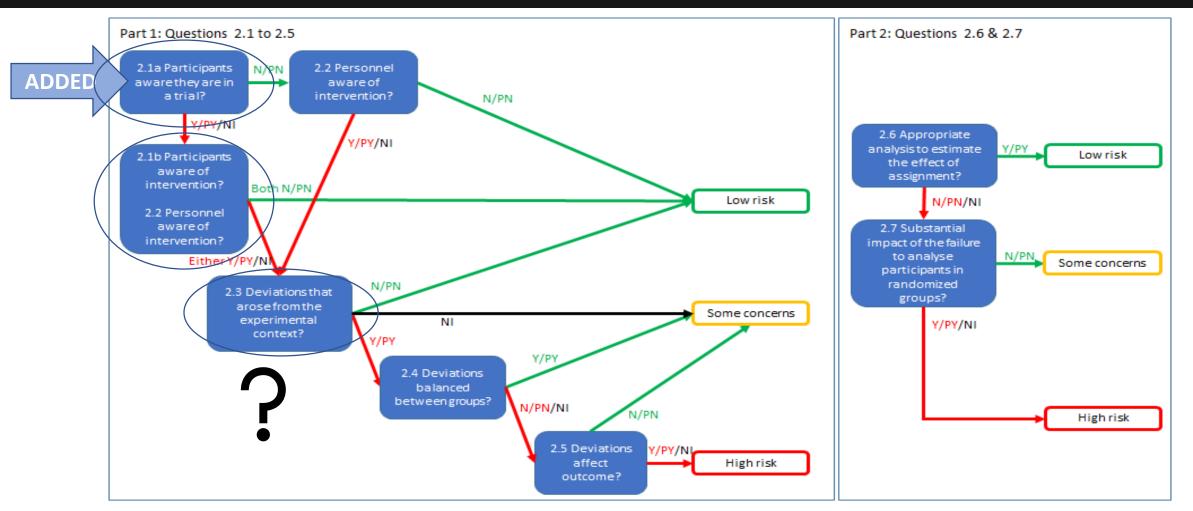
Researchers collecting follow-up data from individual participants, and the participants themselves, were inevitably aware of home randomisation because of the physiotherapists' activities within the home.

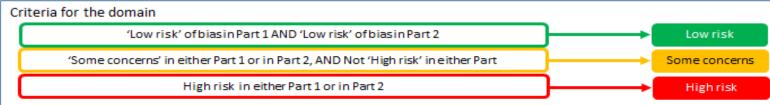
OPERA trial – Underwood et al Lancet 2013

Randomising residential care homes, whole-home activity intervention to reduce depression

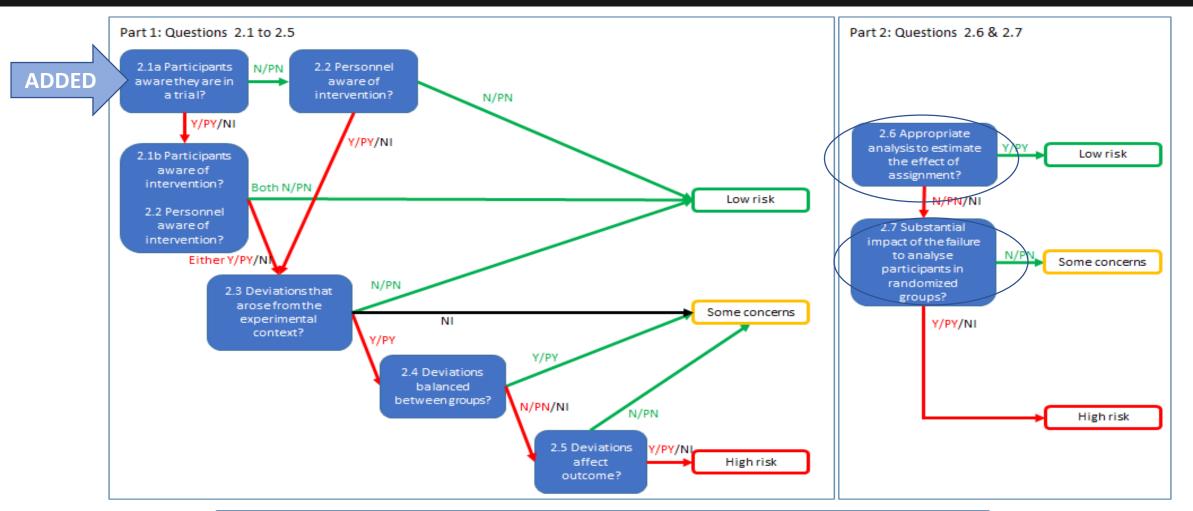


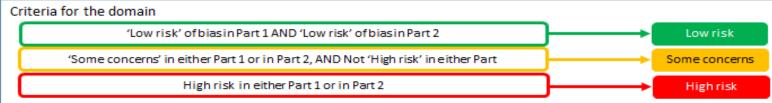
Domain 2: Bias due to deviations from intended intervention (assignment)





Domain 2: Bias due to deviations from intended intervention (assignment)





Intention to treat analyses in cluster randomised trials

Cohort design: Recruit participants at baseline and follow-up

Similar to individually randomised trial, analyse in clusters that they were recruited to

Cross-sectional design: Collect data on cross-section at end of the trial

Can assume that analysing in clusters from which data arose is sufficient in most cases

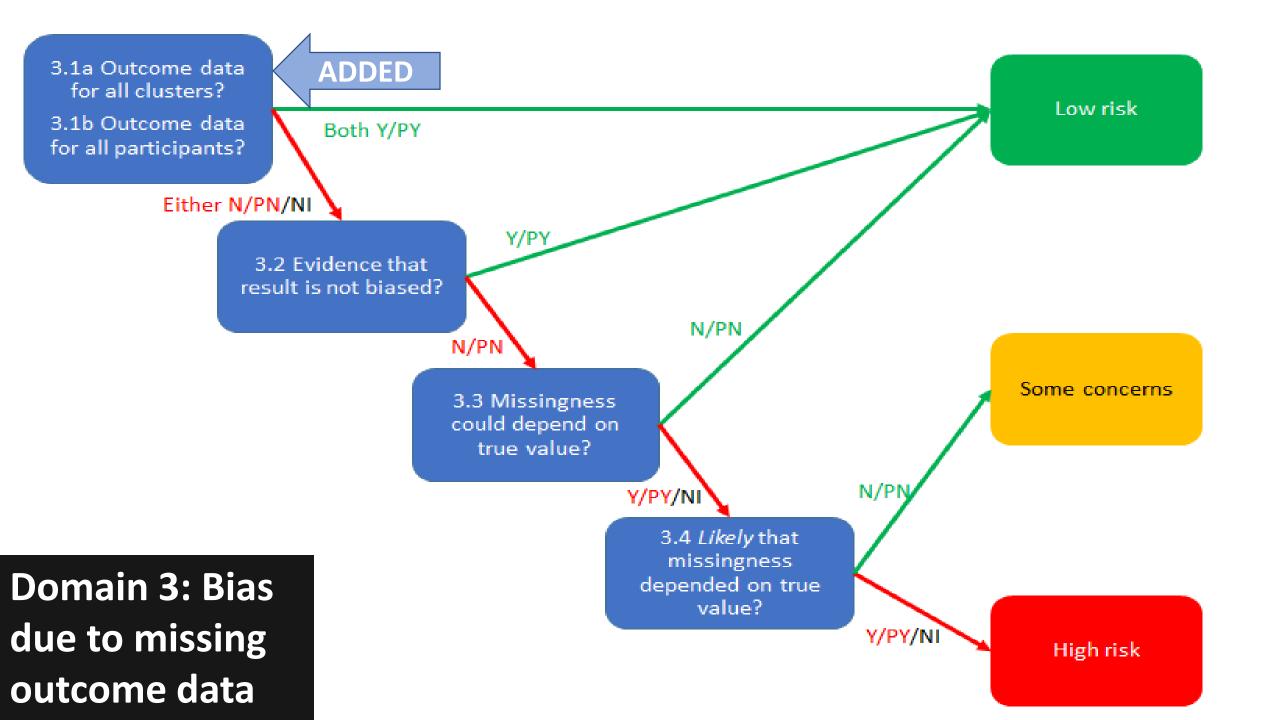
Repeated cross-sectional design: Collect data on different crosssections at start and end

Can make similar assumptions as for crosssectional designs

OPERA was a mixture of cohort and cross-sectional designs

For cohort analyses we included residents in the home from which they were recruited. For cross-sectional analyses we included residents in the home in which they were resident at the end of the study. OPERA trial – Underwood et al Lancet 2013

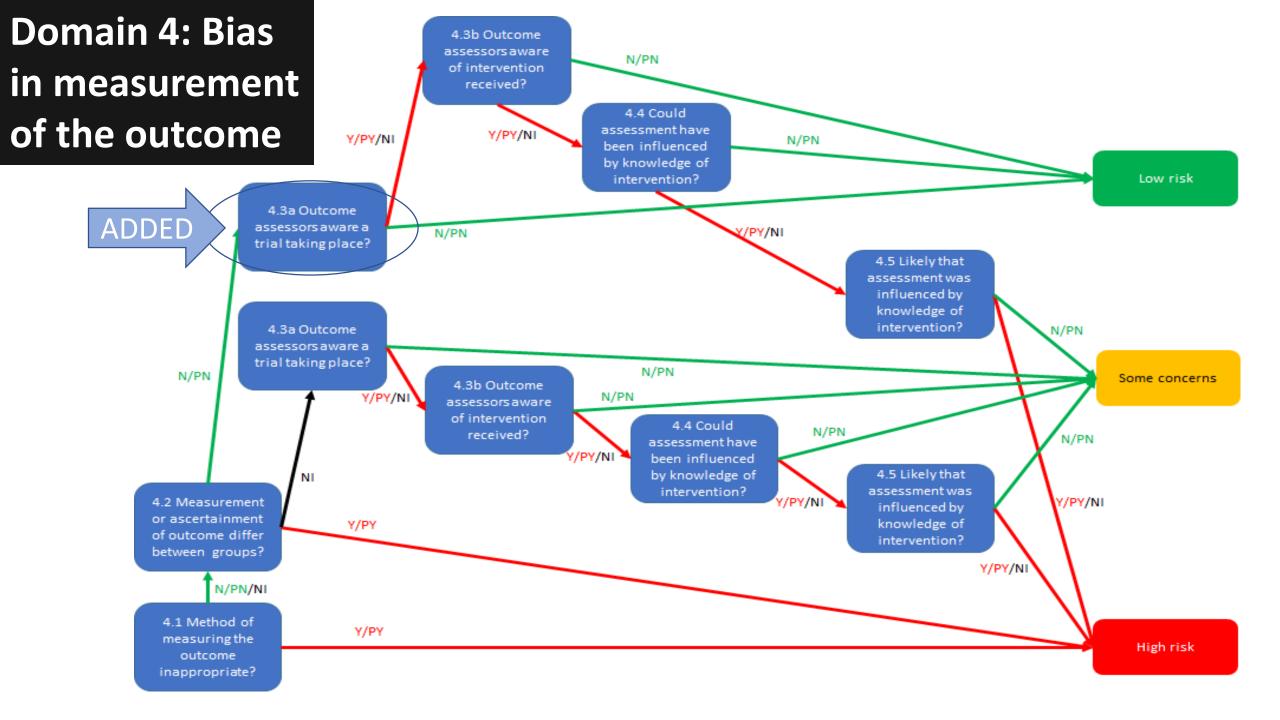
Randomising nursing homes, whole-home activity intervention to reduce depression



Principles for assessing missingness need to be applied at both individual and cluster level

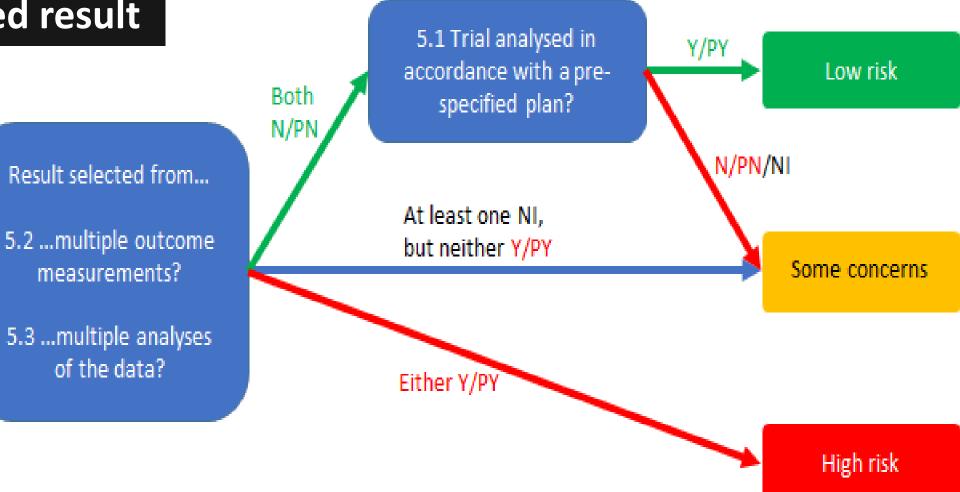
Missingness related to outcome?

Missingness differential between arms?



Domain 5: Bias in selection of the reported result

NO CHANGES



Additional Considerations for Cluster-Randomized Trials

1a Bias arising from the randomization process Unchanged, assessment needs to account for small numbers of clusters and domain 1b	1b Bias arising from the identification or recruitment of participants into clusters	 2 Bias due to deviations from intended intervention Consider whether participants aware in trial, may be difficult to identify deviations
3 Bias due to missing outcome data Consider at cluster as well as individual level	4 Bias in measurement of the outcome Consider whether outcome assessors aware in trial	5 Bias in selection of the reported result No changes